Sitting together eating school lunches helps to build positive minds and healthy habits

Provided by Catering Service City of Wolverhampton Council

Westacres



## 2024/25 Lunchtime Term Dates

Week I	Week 2	Week 3
02.09.24	09.09.24	16.09.24
23.09.24	30.09.24	07.10.24
14.10.24	21.10.24	04.11.24
11.11.24	18.11.24	25.11.24
02.12.24	09.12.24	16.12.24
06.01.25	13.01.25	31.01.25
27.01.25	03.02.25	10.02.25
24.02.25	03.03.25	10.03.25
17.03.25	24.03.25	31.03.25
07.04.25	28.04.25	05.05.25
12.05.25	19.05.25	02.06.25
09.06.25	16.06.25	23.06.25
30.06.25	07.07.25	14.07.25

#### Making meal times fun and educational

21.07.25

We have a brand new themed calendar that will not only bring fun into the dining rooms, but will introduce vour child to new tastes and flavours. Keep an eye out at your child's school for dates and menus.



#### Feeding the future of Wolverhampton

We know that school meals play an important role in a child's education. Eating a healthy balanced meal at lunchtime provides the nutrients they need to grow and thrive in the classroom. Encouraging children to sit and eat together will help them develop important social skills and

develop friendships. We know our catering staff encourage students to be respectful and use manners when choosing their meal. We ensure that no child goes hungry and will always get a meal they will eat and enjoy.

The menus are packed with local fresh produce, this will reduce food miles and help the council work towards their environmental targets. We also educate children to do all they can to help improve the planet. We know going meat free once a week makes a huge difference to carbon emissions.

That is why we continue with Meat Free Mondays on our menu cycle.

We know food is super important to fuel sporting activities too, and exercising is an excellent way of boosting your brain, making friends and feeling good about yourself. Everything we want for the young people in our City!



Eat more fresh

food to boost

your brain

#### **Menu Pricing**

Meal prices are set by the school.

#### **Universal Infant Free School Meal**

Under the Government's Universal Infant Free School Meal (UIFSM) scheme, all children in Reception, Years 1 and 2 can enjoy school meals during term-time for free, regardless of their family's financial circumstances. You do not need to register for UIFSM.

Your child's school may ask if your child will be taking meals so that they can make the necessary arrangements. Your child's school will let you know how much you will need to pay for school meals. Charges and arrangements vary from school to school.

\*eligibility criteria applies – for more information visit www.wolverhampton.gov.uk/freeschoolmeals



You may be able to claim benefits-related Free School Meals (FSM) for your child/ren if you meet the Government's eligibility criteria (in receipt of certain benefits or a reduced household income). Please visit www.wolverhampton.gov.uk/ freeschoolmeals or ask at your child's school to see if you can claim. You will need to register for this benefit.\*

#### **Food Allergies**

Some of our menu items contain allergens, see below. Peanuts and nuts are also classed as allergens, but these are not used on our menu.



Our professional and dedicated catering team are able to provide details of food allergens on request. We cater for medically diagnosed food allergies and intolerances by working with dieticians at New Cross Hospital.

Eat a

Rainbow

For more information on allergies or special diets please visit: www.wolverhampton.gov.uk/catering or please contact Catering Services on 01902 555223 or cateringcleaning@wolverhampton.gov.uk

#### **Food Welfare**

Catering Services Primary Menu has been given the Bronze Food for Life Award for the last 7 years.

All the meat products used on our menus are British Red Tractor or Farm Assured Certified.

We only use Free Range Eggs from a local supplier.

All our fish on our menu is from sustainable stock.



















# Look through

Week

Week

Week

## \* MAKING A DIFFERENCE MENU \* 2024-25 \*

Look through our new menu, not only will it make a difference to your child's learning and development, but it will also make a difference to the planet.

## Monday

#### All Day Breakfast Brunch

All Day Veggie Breakfast Brunch

Hash Browns

Beans

Strawberry Mousse

## Tuesday

## Pasta V

**Garlic Slice** 

Broccoli

Fresh Salad

Chocolate Sponge & Chocolate Sauce

## Wednesday

**Chicken Curry** 

Vegetarian Curry V

Naan Bread

Mixed Veg

Blueberry Muffin

## Thursday

## Sausage & Mash

Veggie Sausage & Mash 🛡

Mini Yorkies

Broccoli Cauliflower Carrots

Jelly & Fruit

## Friday

#### **Fish Fingers**

Fishless Fingers **V** 

Potato Waffles

Spaghetti Hoops

Ice cream

## Boost your brain

## Pepperoni Pizza

Cheesy Pizza V

Wedges

Baked Beans

Iced Sponge & Custard



## Pasta 🛡

**Garlic Slice** 

Broccoli

Fresh Salad

Cookies

## All Day Breakfast

Veggie Breakfast **V** 

**Baked Beans** 

Hash Browns

Chocolate Arctic Roll

## **Traditional Roast Dinner**

Traditional Roast Dinner V

Creamed & Roast Potatoes

Green Beans Broccoli Carrots

Blueberry Muffins

## **Chicken Nuggets**

Quorn Nuggets VE

**Bread & Butter** 

Spaghetti Hoops

Sweetcorn

Jelly & Ice Cream

### Beefburger

Veggie Burger **V** 

Chips

Baked Beans Peas

Chocolate Cracknell & Custard

### Pasta V

**Garlic Slice** 

Broccoli

Fresh Salad

Jelly & Fruit

#### Pepperoni Pizza

Cheesy Pizza V

Wedges

**Baked Beans** 

Iced Jam Sponge

Spaghetti Bolognaise

Veggie Bolognaise 🛡

Coleslaw

Broccoli

Cheese Crackers Yoghurt & Fruit

Fish Fingers

Fishless Fingers **V** 

Potato Waffles

**Beans Peas** 

Doughnuts & Dips







